



04th October – 6th October 2019
Niederanven /Centre Culturel 'am Sand'

20 Years Nordic Walking in Luxembourg

Fit&Fun

and

1st International NORDIC WALKING WORLD CUP



19.01.2019

©JP KANSTEIN

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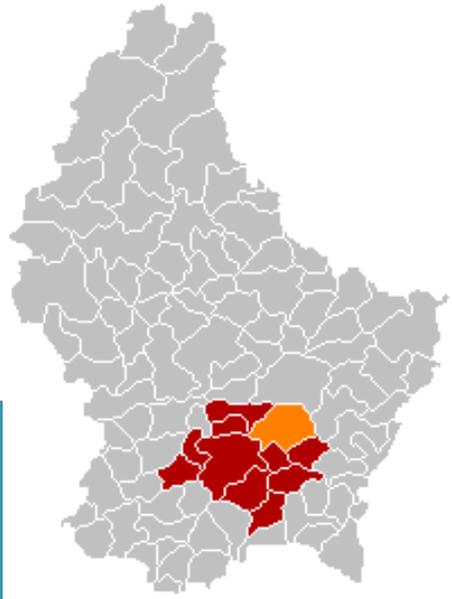
COMMUNE DE NIEDERANVEN



- **6157 inhabitants**
- **81 nations**
- **41 km² surface**
- **148.8 inhabitants/km²**
- **Mayor: Raymond Weydert**

8 villages:

- **Ernster**
- **Hostert**
- **Niederanven**
- **Oberanven**
- **Rammeldange**
- **Senningen**
- **Senningerberg**
- **Waldhaff**



NATURE RESERVE: AARNESCHT



- **area of semi-dry grassland**
- **75 ha are protected**
- **23 different type of orchids**
- **directed to the south**
- **keuper ground**
- **special climate**



OFFICE REGIONALE DU TOURISM: GUTTLAND

Luxemburgs tourism is organized in 5 different ORT regions:

Ardennes / Mullerthal-Little Switzerland / Moselle / Red Rock / Guttland and LCTO in the Center

- **Niederanven is part of the region Guttland**
- **The ORT is supporting the event**
- **ORT will organize an information stand during the event**



Visit 
Guttland

19.01.2019

NORDIC & WALK LUXEMBOURG ASBL

THE OLDEST NW CLUB OF LUXEMBURG



*** we started in 1996 with walking classes only during the holiday season in summertime**

*** since 1999 NW with 4-6 classes per week**

1ST INTERNATIONAL NORDIC WALKING WORLD CUP



This year's competition take place in:

Gerona / Catalonia - Spain

Kiev / Ukraine

St. Petersburg / Russia

Savonlinna / Finland

Montalto di Castro / Viterbo – Italy

Niederanven / Luxemburg



- **Founded by Marko Kantaneva in 1996**
- **Marko created the modern NW during his studies at the Sport Institute of Finland in Vierumäki**
- **ONWF is the head organiser of the International Nordic Walking World Cup**

EVENT PROGRAM - COMPETITION

Saturday 5th October	
09.00 h World Cup Races	
5 - 10 - 20 km	
17.30 h Award ceremony	



EVENT PROGRAM - LEISURE

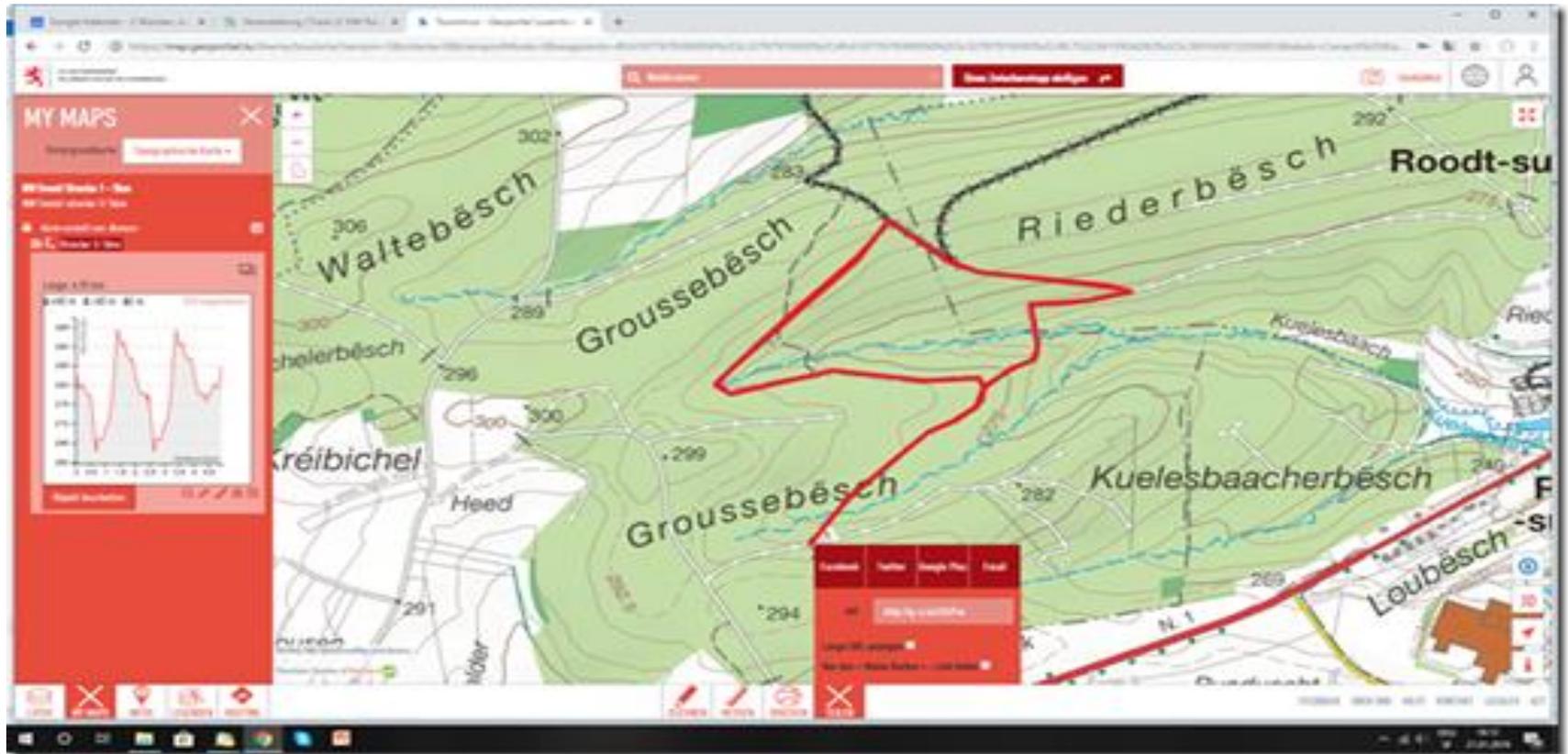
Friday 4th October	Saturday 5th October	Sunday 6th October
14.00h Inscription/Snacks	09.00h NW for everyone / family tours / NW Biathlon	09.00h NW for everyone
15.00h NW Warm-up tour	12.00h Lunchtime	09.30h Schetzel Tour
18.00h Official Opening	13.30h Workshops/Seminars	ca.12.30h Farewell
	17.30h Award Ceremony	
	19.00-23.00h NW Party	



TRACKS

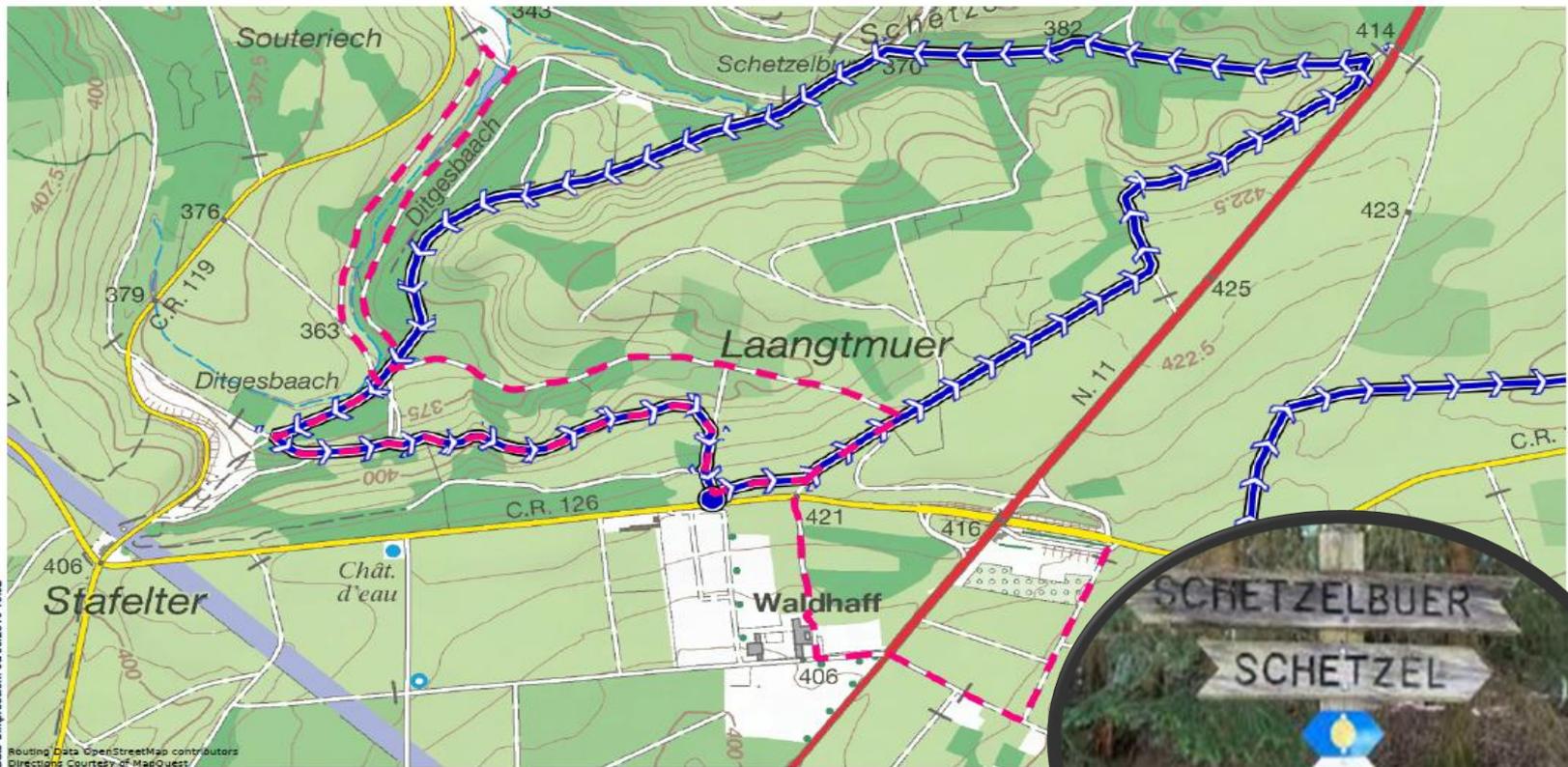
Competition	Leisure
Saturday 5 - 10 - 20 km	Friday: 5.5 – 8.5 – 10 km
	Saturday: 5 – 10 – 20 km
	Sunday: SchetzelTour Cultural and historical guided tour of approx. 6.0 km

MAP OF THE COMPETITION TRACK



19.01.2019

SCHETZEL TOUR (SUNDAY)



19.01.2019

PARTICIPATION FEE

Participation fee	€ per Person racer/non racer	Douzelage partners
Friday	10,00	Friday is free for
Saturday	30,00/ 20,00	Douzelage partners
Sunday	10,00	and they will get an
All-day-Ticket	65,00/55,00	overall discount of € 5,-
Early-Bird up to 15.06.2019 (only all day)	60,00/ 50,00	
single participation (non racer)	10,00	
kids/teens < 15 years	free	
Groups	>10: 1 person free	>10: 1 person free
water & fruit free during the whole event		
daily shuttle service from hotel to event area included		
All-day-Ticket includes: Welcome gadget and 20 years party on Saturday evening		

ACCOMODATION

Hotel

Parc Hotel Alvisse****

Single room € 99,- p.p. and night

Double room € 89,- p.p. and night

breakfast buffet included

Youth Hostel

Youth Hostel City Luxembourg

Youth Hostel Echternach

We have agreed contingents at the hotel and hostels for all bookings

hotel before 20.08.2019

hostel before 20.06.2019

Bookings must be done directly with the lodging under a special code

INSCRIPTION

Inscription will open shortly and can be done via our web page:

[www.nordicwalking.lu/NW Event 2019](http://www.nordicwalking.lu/NW%20Event%202019)

**Hope to meet most of you again in
Niederanven in October
and bear in mind**

**No way is too long
with a friend aside!**

(japanese saying)

Thank you very much for your patience